CDSN MONTHLY MEETING

**Founded in 1978 by Carol Feit Lane as a forum for professional Career Counselors**  board members

**Mailing Address: Judith S. Goldberg, 170 West End Ave. 22N, NYC 10023 Lynn Berger Program Committee**

**Email:** **cdsnny@gmail.com** **Website:** [**http://cdsn-ny.com**](http://cdsn-ny.com) **Aviva Giannotti CEU Manager/Liaison**

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**Lauren Gordon Program Committee**

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**Ilana Levitt Program Committee**

**Satya Chheda Patel Program Committee**

 **Heidi Ravis Program Committee**

**Renee Lee Rosenberg Program Committee Donna Sweidan Program Committee**

**Date:** April 20, 2017

**Place:** Science, Industry, Business Library (SIBL), 188 Madison Ave, between 34th and 35th Streets. Meeting room is on lower level. Signs will be posted. In order to enter the building before 10AM, tell security guard that you are with CDSN.

**Time:** 9:45AM to 12 PM (Networking and coffee at 9:45AM). The program will begin promptly at 10AM (two hour attendance is mandatory if you wish to receive CEU credits)

**Topic: Career Counseling With Underserved Populations**:

 **Challenges, Strategies, Resources**

As career professionals, we strive to help our clients fulfill their potential and build satisfying careers.  Many clients, however, have special needs, or contend with special circumstances, that make these goals and associated tasks particularly challenging.

This month, Lauren Gordon, LCSW, and Heidi Ravis, LMHC, will discuss the significant challenges faced in the job search and career development process by several underserved populations, including:

* Seniors
* Individuals with “hidden disabilities”, such as mental illness and learning disabilities
* Undocumented workers
* Expatriates
* Workers laid off from dying industries
* Transgender persons

We will examine some of the issues specific to each group, as well as common factors that affect multiple groups.  We will identify useful strategies for assisting clients facing these challenges, as well as adaptive traits and behaviors that may increase a client’s chances of success.

In addition, we will share resources that professionals may utilize or recommend to assist, protect, motivate and empower clients from underserved populations.

**Heidi Ravis,** EdM, is a Licensed Mental Health Counselor, National Certified Counselor and Distance Credentialed Counselor.  In her 25+ years as a career counselor, she has worked with diverse client populations in a range of settings including higher education, community mental health, private practice and consulting.   She currently consults for REA – Partners in Transition, Hand & Associates, and The Muse, while maintaining a private career counseling practice in Westchester County.

**Lauren Gordon**, LCSW, has been a psychotherapist, career counselor, and trainer for more than 25 years. As an advocate in these professions she has worked with a wide range of communities  in such settings as mental health clinics, community centers, senior centers, performing arts organizations, and in private practice. She currently works for Service Program for Older Persons, consults for the Hudson Valley LGBTQ Community Center and for Services and Advocacy for GLBT Elders (SAGE), and has a private practice in New York City.

**Questions?** cdsnny@gmail.com